

香港紅十字會 培訓中心  
Hong Kong Red Cross Training Centre

訓練課程學員預防2019冠狀病毒須知  
Student Note for the Prevention of 2019 Coronavirus Disease (COVID-19)

鑑於現時新型冠狀病毒感染情況，本會的所有訓練課程將採取下列預防措施，以降低感染和傳播 2019 冠狀病毒病的風險。

Considering the situation of 2019 Coronavirus Infection (COVID-19), the Hong Kong Red Cross (HKRC) will take the following preventive measures to minimize the risk of contracting and spreading COVID-19.

1. 學員進入訓練或考試場地如有需要請量度體溫並以酒精搓手液搓手。  
All students are suggested to have body temperature checked and clean their hands with alcohol-based handrub before entering the training or exam venue.
2. 學員如有感冒病徵或身體不適，請暫停參與課堂活動或考試，並儘早求醫\*。  
Students who got symptoms of flu or felt sick must terminate their training or examination immediately and seek medical consultation as soon as possible.\*.
3. 學員在訓練及考試期間如出入課室、進行練習及考試前後，如有需要請以梘液及清水洗手或以酒精搓手液搓手。  
Student should wash hands thoroughly with liquid soap and water or alcohol-based handrub before and after the training and exam as well as entering the training or exam venue.
4. 心肺復蘇法練習及考試時改為以口述形式進行視、聽、觸檢查呼吸及人工呼吸。  
For CPR training and exam, Verbal Instruction is adopted to implement the Look, listen and feel technique in breathing checking, and same with the mouth-to-mouth artificial ventilation.
5. 本會將嚴格執行不准在課室內飲食 (清水除外)  
No food and beverage are allowed in classrooms (Except Water)
6. 學員請勿得聚集或停留在本會的公眾地方如大堂或報名中心櫃台，並須保持適當的社交距離  
Student should avoid gathering or staying in public areas such as lobby or counters, and maintain proper social distancing.

\* 學員可提交醫生紙以申請轉班或延期考試，轉班及延期考試行政費分別為\$100 及\$50 (只適用於急救訓練課程)

\* Student can apply "Change Class" or "Delay Exam" with medical certificate, administration fees of "Change Class" and "Delay Exam" are \$100 and \$50 respectively (For First Aid Training Only).